

**Your Name** \_\_\_\_\_ **Today's Date** \_\_\_\_\_

**Check the symptoms you currently have**

<input type="checkbox"/> weight gain <input type="checkbox"/> weight loss <input type="checkbox"/> fatigue <input type="checkbox"/> dizziness <input type="checkbox"/> headache	<input type="checkbox"/> frequent pain in the abdomen <input type="checkbox"/> black stool <input type="checkbox"/> blood in the stool <input type="checkbox"/> change in bowel habits <input type="checkbox"/> heartburn	<input type="checkbox"/> loss of consciousness <input type="checkbox"/> tremors <input type="checkbox"/> goiter <input type="checkbox"/> thyroid disease <input type="checkbox"/> anemia
<input type="checkbox"/> hearing loss / ringing in the ears <input type="checkbox"/> shortness of breath <input type="checkbox"/> snoring <input type="checkbox"/> persistent cough <input type="checkbox"/> chest pain <input type="checkbox"/> palpitations	<input type="checkbox"/> gout <input type="checkbox"/> back problems <input type="checkbox"/> memory loss <input type="checkbox"/> depression <input type="checkbox"/> excessive stress <input type="checkbox"/> mood changes	<input type="checkbox"/> blood clots <input type="checkbox"/> prostate disease <input type="checkbox"/> frequent urination <input type="checkbox"/> difficulty urinating <input type="checkbox"/> kidney failure <input type="checkbox"/> menopause

**Do you have:**

<input type="checkbox"/> diabetes – since when? _____	<input type="checkbox"/> high cholesterol
<input type="checkbox"/> hypertension	<input type="checkbox"/> chronic lung disease
<input type="checkbox"/> heart disease	<input type="checkbox"/> cancer - of what? _____

Medication use <input type="checkbox"/> Check if none	Dose	How many times a day

**Surgeries:** No, Yes: list \_\_\_\_\_

**Allergies to medication:** No, Yes \_\_\_\_\_

**Family history:** Father: Alive  heart disease,  cancer of what? \_\_\_\_\_ none of these

Mother: Alive  heart disease,  cancer of what? \_\_\_\_\_, none of these

**Do you smoke?**  Yes, how much? \_\_\_\_\_ //  used to, quit in \_\_\_\_\_ //  No (never)

**Do you use alcohol?**  daily,  less than daily (occasionally),  not at all

**Date of last physical** \_\_\_\_\_

**Reason for today's visit-** \_\_\_\_\_